

The following 11 areas of functioning are important to consider to pinpoint areas of stability, as well as areas where some help and support are needed. The green column indicates stability. The red column indicates crisis and an immediate need for supportive services. The three yellow column indicate varying levels of need for resources and supportive services.

Resources for each of the 11 areas are provided by clicking the topics in the far left column.

1. Financial Resources	I have no income My bills exceed my income in multiple areas I don't know about or am unable to apply for tax rebates Utility is shut off I'm in bankruptcy process	I have inadequate income or problems with spending My bills for basic needs or utilities are not paid Problems include: notice of shut off, urgent repairs, or outstanding judgments	I can meet basic needs with help I have some control over my spending I am paying utilities without financial planning support I need only specific help	I can meet my basic needs I can manage my debt without help I am increasing my budgeting skills I need minor help to budget and pay utility bills	Income is sufficient Utility bills are paid regularly
2. Housing and Home Safety	I am homeless, in foreclosure, or facing eviction. My home is not safe I am very worried about my personal safety at home	My housing is temporary or poor I can't afford my current rent/mortgage payment Safety issues are significant but not life threatening	My home's safety issues are minor I need a housing plan soon I need home support in multiple areas I need to make my home safer	Reasonable subsidized housing Need minimal support Household is safe with support but future uncertain	Household is safe, adequate, and affordable.
3. Food and Nutrition	I don't have food or can't prepare it I depend on sources of free or low-cost food to get by	I miss a meal at least one day per week	I eat regularly with home delivery and regular assistance	I can meet basic food needs without assistance	I regularly can afford to eat the food I like.
4. Health Care	I have significant health concerns that are not being addressed I don't have any medical coverage	Some of my important health care needs are not being met I don't understand how to use Medicare/Medicaid for a specific problem	Sometimes I have to wait or delay getting medical care Following through with routine health care is difficult	I can obtain medical care when needed, but sometimes can't follow through Sometimes I can't pay for preventative care	I am covered by affordable, adequate health insurance including preventative care
5. Legal	I have outstanding tickets, impending lawsuits or warrants are a problem	There are charges pending against me I do not have a plan to deal with serious issues I need a lawyer	Plan to resolve legal issue is in place or I have secured legal representation.	I have completed all requirements, No new charges filed	No active legal issues in more than 12 months

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6. Emotional Well-Being	My problems are dangerous to me or others I think about suicide often I have daily difficulty with confusion, memory or mental health issues.	I have regular symptoms but not dangerous ones My responsibilities are still difficult most days because of symptoms	I have mild symptoms. Sometimes I have some difficulty with my daily activities and responsibilities	I have occasional symptoms and slight problems in daily activities and responsibilities	I rarely have symptoms I can accomplish most of what I want My problems are mostly everyday concerns
7. Substance Abuse	My using causes problems for me and others in basic everyday activities I am often sick, I cannot work, I might lose my home and/or relationships	I often think about use or obtaining drugs or alcohol I neglect many important life activities Withdrawal or avoidance causes many problems for me	I have used in the last 6 months I have problems with others at work or home Emotional or physical issues have lasted more than 1 month	I have used in last 6 months, but friends, work and housing relationships are not in jeopardy. My substance abuse is not reaching dangerous levels.	I have not used drugs/alcohol abuse in last 6 months
8. Mobility/ Transportation	I have no transportation Car is inoperable I can't find someone to go with me for important medical appointments	My transportation is unreliable or unaffordable I have friends/family to transport me, but need financial help to pay	Transportation is available and reliable, but limited or inconvenient I need some help finding transportation	I generally have transportation to meet my basic travel needs.	Transportation is readily available and affordable to me
9. Social Support	I do not have family or friends to not provide needed support Family or friends cause problems that are financial, abusive or neglectful	My family/friends are supportive, but lack ability or resources My family does not work together well	I have some support from family/friends My family is trying to improve their support and communication	I have adequate support from family or friends Members of my household members support each other's efforts	I have significant support in my life Communication is consistently open
10. Daily Functioning	I have problems with basic needs such as hygiene, food, and everyday living.	I meet some, but not most of everyday tasks without assistance.	I meet most, but not all daily living needs without assistance.	I am able to meet all basic needs of daily living with assistance.	I am able to meet basic needs of daily living for self and family.
11. Caregiving	I cannot sleep or cannot meet friends/family Caregiving demands keep me from accomplishing personal or business activities	I meet some but not most caregiving needs without assistance I can accomplish personal or business activities	I can meet most but not all caregiving needs without assistance I can maintain my personal activities	I am able to meet both my and all basic needs of caregiving with assistance such as home modifications, home health care, respite, etc.	I am able to provide beyond basic needs of daily living for self and care recipient