Older Adult Data Book Washtenaw County 2009

A Project of the Blueprint for Aging



Introduction to the Blueprint for Aging Older Adult Data Book



Purpose of the BFA Older Adult Data Book

The BFA Older Adult Data Book will increase availability and access to reliable data describing older adults living in Washtenaw County. It will increase understanding of senior and community needs and strengths, establish benchmarks for success, and contribute to planning efforts. The Older Adult Data Book will inform key stakeholders at the city, township, county and state levels as well as the community-at-large. Key stakeholders include, but are not limited to, community-based organizations, planners, advocates, funding sources, and other service providers.

About the Blueprint for Aging

A collaborative of older adults, family members, nonprofits, business and government agencies, the Blueprint for Aging works to improve services, care, and quality of life for older adults in Washtenaw County. Funded by the Robert Wood Johnson Foundation through its Community Partnerships for Older Adults Program and with local support of the Ann Arbor Area Community Foundation, Washtenaw County, and Catholic Social Services, the Blueprint for Aging builds support for a more responsive community through four major initiatives:

- Aging in Place: Improving options and quality of life for older adults
- Senior Leadership: Utilizing the skills and wisdom of older adults
- Technology Innovations: Using technology to streamline systems
- Foundation Building: Structuring an elder-friendly community

Visit www.BlueprintForAging.org for more information on the Blueprint for Aging and Washtenaw County older adults.

Introduction to Washtenaw County

Washtenaw County

Washtenaw County is located in southeast Michigan, covering an area of 720 square miles. Its 27 cities, villages, and townships are home to approximately 325,000 citizens living in urban, suburban, and rural settings that provide varied opportunities for education, recreation, agriculture, business, and family life. Two major universities, the University of Michigan and Eastern Michigan University, are located in the County's largest cities, Ann Arbor and Ypsilanti. Local and statewide job losses from downsizing pharmaceutical and automotive related companies have caused significant out-migration of workers and economic hardship. At the same time, the County's older adult population is rapidly expanding, with those most likely to need comprehensive care, older adults aged 85 and over, representing the fastest growing cohort.

Health Improvement Plan

Since 1995, the Washtenaw County Public Health Department has led a countywide partnership, the Health Improvement Plan (HIP), to improve health in Washtenaw County by facilitating partnerships, providing information, and developing community strategies. HIP partners include health systems, community agencies and coalitions, government, universities, and county residents. Every five years the HIP Survey is conducted in our community. Based on a random-digit dial sample, more than 2000 adults in Washtenaw County are interviewed by telephone about their health status and health behaviors. Since 2005, the HIP Survey has included older adult age categories.

Blueprint for Aging

The Blueprint for Aging evolved from a six agency senior service coalition that in 1998, with grant funding from the Ann Arbor Area Community Foundation, created a senior unmet needs fund for medications, in-home care, utility bills, and other emergency needs. A larger coalition, the Blueprint for Aging Services Partnership (2003), created a vision for meeting the needs of older residents emphasizing long-term care systems change. More than 40 community agencies and 70 individuals participated in this two-year effort. This 125-page consensus report is available at www.BlueprintForAging.org. Today the Blueprint is one of only a few projects selected as a part of the prestigious Community Partnership for Older Adults, a national program of the Robert Wood Johnson Foundation. The Blueprint for Aging provides a structure to:

- Test new ideas and efficiencies
- Bring greater visibility to the priorities, concerns, and experiences of seniors
- Provide seniors with meaningful ways to effect decisions about community issues that impact their lives
- Facilitate collaborative decision-making with consideration to overall systems improvements

The Blueprint for Aging, through systems change with partners and collaborations, is building a community prepared to meet the challenges and opportunities of Washtenaw County's rapidly growing older adult population.



Framework for the Blueprint for Aging Older Adult Data Book



The Older Adult Data Book was created in a holistic framework to highlight the indicators of older adult well-being and to emphasize existing challenges.

Older Adult Data Book Development:

- Inventory of existing data, including county health survey and community assessment data, local research report summaries, and other sources for relevant indicators
- Identification of county and state comparisons, as available
- Identification of data gaps and recommendations for new collection
- Creation and management of the Older Adult Data Book as an ongoing project of the Blueprint for Aging

Data sources:

- American Community Survey US Census, 2006
- Area Agency on Aging 1B, National Aging Program Information System - NAPIS, 2007
- Washtenaw County Health Improvement Plan HIP Survey, 2005

- Ann Arbor Transportation Authority AATA, 2006
- Corporation for National Service and Michigan Office of Services to Aging - RSVP, 2007
- Southeast Michigan Council of Governments SEMCOG, 2006 & 2007

Well-being categories

- Population
- Economic Status
- Housing
- Transportation

- Health
- Food
- Recreation, Social Activity
- Civic Participation

Age Categories:

- Target age in the BFA Older Adult Data Book is 60 years and older, with the acknowledgement that specific data sources differ.
- Data are presented in available age categories.

Blueprint for Aging Older Adult Senior Data Book for Washtenaw County

Table of Contents

Population Data1	Employment Data10
Population Projections2-3	Income11
Race and Ethnicity4	Poverty Status12
Living Arrangements5	Transportation13-14
Housing6	Health15-17
Disability Characteristics7	Civic Participation18
Language Spoken at Home8	Area Agency on Aging 1B Enrollment19
Veteran Status9	Acknowledgements20

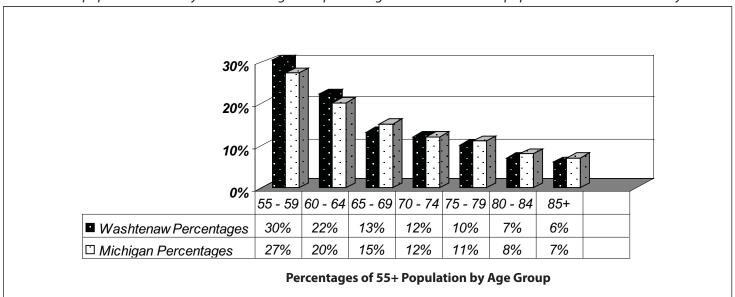
Older Adults Represent 19% of Washtenaw County Residents

Ann Arbor has been named by AARP as the healthiest place to live and retire in the United States.

Washtenaw County 55+ Population								
55 - 59 60 - 64 65 - 69 70 - 74 75 - 79 80 - 84 85+ Total							Total	
Male	9,632	7,124	4,004	3,269	2,984	1,462	1,331	29,806
Female	9,917	7,270	4,338	4,262	3,486	2,941	2,204	34,418
Total	19,549	14,394	8,342	7,531	6,470	4,403	3,535	64,224

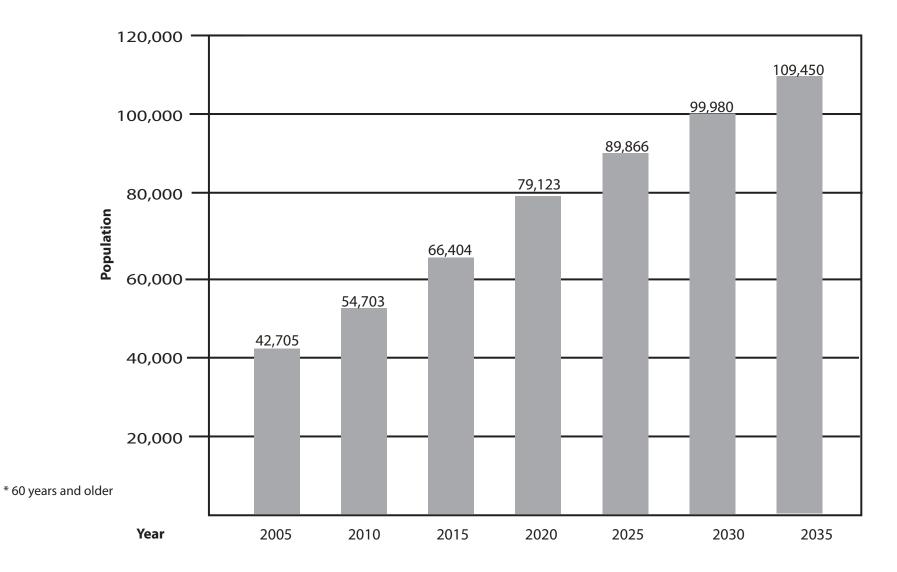
% of 55+ Population Compared to Total Population				
Washtenaw County State of Michigan				
Total Population	344,047	10,095,643		
55+ Population	64,224	2,370,804		
55+ Population %	19%	24%		

Two major universities draw younger adults to the County in numbers greater than to the state as a whole. The 55+ population actually constitutes a greater percentage of the non-student population than is reflected by the data.



In greater numbers, younger retirees choose to live in Washtenaw County.

Washtenaw County's Older Adult* Population Will Double by Year 2025



Without collaborative systems change, the needs of the rapidly increasing number of older adults will overwhelm demands on support services and programs.

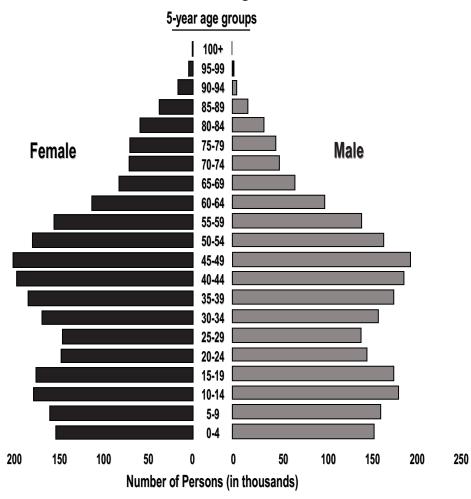
Source: SEMCOG, 2006

Washtenaw County's Older Adult Population Will Double by Year 2025

As numbers of older adult residents increase, numbers in other age groups will decrease.

Population Age Groups

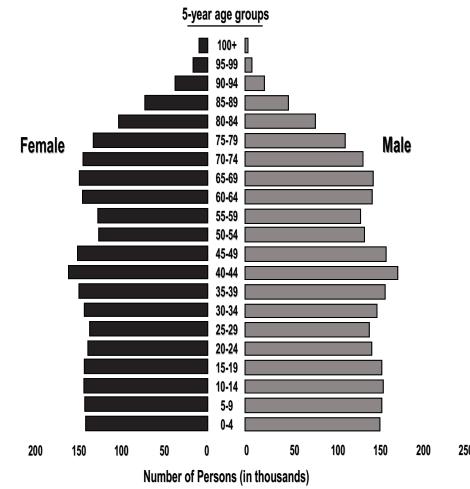
Southeast Michigan, 2005



Source: SEMCOG 2035 Forecast

Population Age Groups

Southeast Michigan, 2035



Source: SEMCOG 2035 Forecast

In twenty years, there will be fewer younger adults living in Washtenaw County who can help care for aging relatives, pay taxes or make charitable donations to services for older adults.

250

250

Source: SEMCOG, 2006

The Population of Older Adults is Less Diverse than the General Public in Washtenaw County

African American, Asian and Hispanic residents are more widely represented in Washtenaw County's general population than in the older adult population.

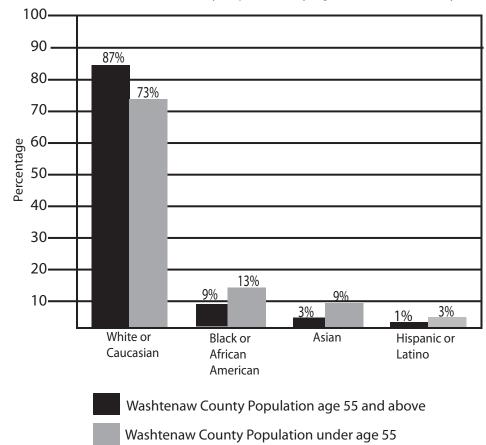
(Data unavailable for American Indian, Alaska Native, Native Hawaiian and Pacific Islander populations)

Washtenaw County Older Adults by Race/Ethnicity

	55-64 years	65-74 years	75-84 year s	85+ years	Total
White or Caucasian	29,208	13,965	9,507	2,988	55,668
Black or African American	3,270	1,360	803	470	5,903
Asian	1,041	486	563	77	2,167
Hispanic or Latino	401	260	58	NA	719
Total	33,920	16,071	10,931	3,535	64,457

Race/ethnicity is self-identified.
 Categories shown match U.S. Census data.

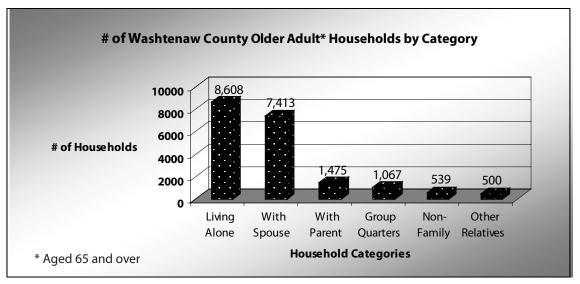
% Washtenaw County Population by Age and Race/Ethnicity

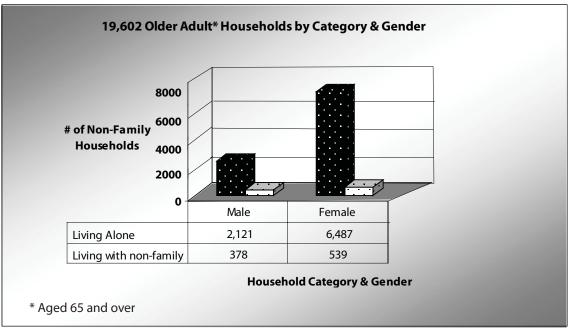


Washtenaw County's older adult population will grow more diverse in the next twenty years bringing language and cultural challenges to delivery of older adult services.

Nearly Half of Washtenaw County Older Adults Live in Single Person Households

Three times the number of older women live alone as do the number of older men.





- A family household is a householder and one or more people living in the same household who are related to the householder by birth, marriage, or adoption.
- 47% of Washtenaw County older adult households are family households.
- A non-family household is a householder living alone or with non-relatives.
- 46% of Washtenaw County older adult households are non-family households.
- Group quarters are group living sites other than family or non-family households.
 There are two types of group quarters: institutional (for example: nursing homes, prisons) and non-institutional (for example: group homes, missions, and shelters).
- 5% of Washtenaw County older adults reside in group quarters.

Older adults living alone require the greatest amount of community support.

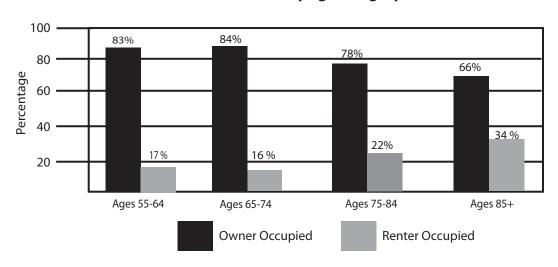
Approximately Three Quarters of Washtenaw County Older Adults Own Their Homes

Older adult home ownership peaks (84%) between age 65-74 and remains high (66%) through age 85 and over.

of housing units occupied by older adult* owner or renter by age category

	Owner occupied housing unit	Renter occupied housing unit
Ages 55-64	16,292	3,311
Ages 65-74	8,850	1,643
Ages 75-84	5,390	1,514
Ages 85+	1,349	681
Total	31,881	7,149

% of housing units occupied by older adult* owner or renter by age category



• Housing unit is defined as a house, an apartment, a mobile home or trailer, a group of rooms, or a single room occupied as separate living quarters, or if vacant, intended for occupancy as separate living quarters.

In the next 20 years, the percentage of older adults living in and maintaining their own homes will decrease as retirement income does not keep pace with the cost of living and the cost of supportive services increases.

^{*} Age 55 and up

30% of Washtenaw County Older Adults Have One or More Disabilities

Percentages of Washtenaw County older adults living with disabilities are consistent with percentages statewide.

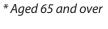
Washtenaw County Older Adults* with Disabilities

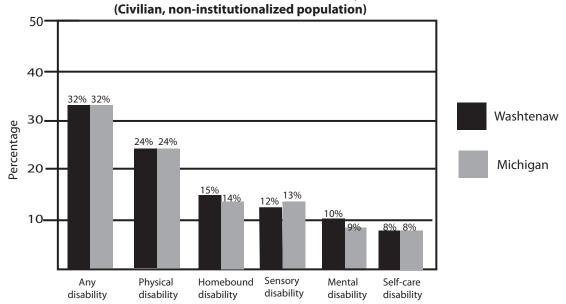
	Male	Female	Total
Persons reporting any disability	3,366	5,812	9,178
Reported Disabilities			
Physical disability	2,210	4,788	6,998
Homebound disability	1,359	3,021	4,380
Sensory disability	1,575	1,800	3,375
Mental disability	1,117	1,684	2,801
Self-care disability	711	1,684	2,395
Total # reported disabilities	6,972	12,977	19,949

State of Michigan Older Adults* with Disabilities

	Male	Female	Total
Persons reporting any disability	193,055	294,939	487,994
Reported Disabilities			
Physical disability	136,640	234,421	371,061
Homebound disability	62,109	146,774	208,883
Sensory disability	92,128	105,037	197,165
Mental disability	53,310	86,951	140,261
Self-care disability	41,406	83,473	124,879
Total # reported disabilities	385,593	656,656	1,042,249

Percent of Older Adults* with a Disability





Source: U.S. Census Data, 2006

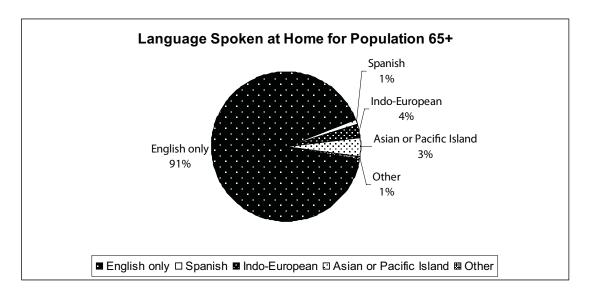
English Only is Spoken in 91% of Washtenaw County Older Adult Households



Languages Spoken at Home by Washtenaw County Older Adult* Households

English Only	27,656
Spanish	352
Other indo-European Languages	1,332
Asian or Pacific Island Languages	778
Other Languages	163

^{*} Aged 65 and over



• Language Spoken at Home is defined as the language currently used by respondents at home, either English only or a non-English language that is used in addition to English or in place of English.

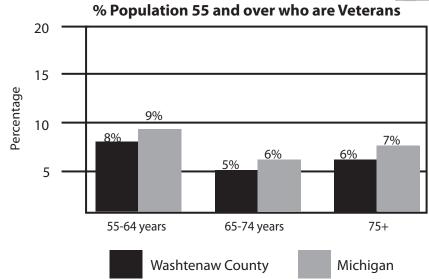
As diversity in the Washtenaw County older adult population increases, services for older adults must reflect strategies to serve non-English speaking residents.





of Older Adult Veterans by Age Group

	Washtenaw County	Michigan
Age	# of Veterans	# of Veterans
55-64 years	4,960	213,452
65-74	3,069	139,192
75+	3,574	162,862
Total	11,603	515,506



• A Veteran is defined as a person 18 years old or over who has served, but is not now serving, on active duty in the United States Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II.

As veterans of the Vietnam Era age and soldiers with seriously disabling injuries return from wars in Iraq and Afghanistan, demands on the Department of Veterans Administration to provide health care services and monetary entitlements will present an increasing challenge.

41% of Washtenaw County Older Adults Are in the Workforce

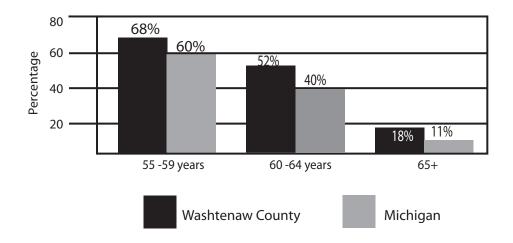
Washtenaw County older adults are employed in greater numbers than older adults statewide.



Older Adult* Workers by Age in Washtenaw County & Statewide

	Washtenaw County	Michigan
Workers ages 55-59 years	13,347	383,149
Workers ages 60-64 years	7,628	188,182
Workers ages 65+	5,420	136,608
Total	26,395	707,939

% Older Adults* Employed in Washtenaw County & Statewide



- Worker status is defined as doing paid work and actively employed in the past 12 months.
- 41% of Washtenaw County older adults are working compared to 30% of older adults statewide.

As retirement incomes continue to diminish, older adults will remain in the workforce longer.

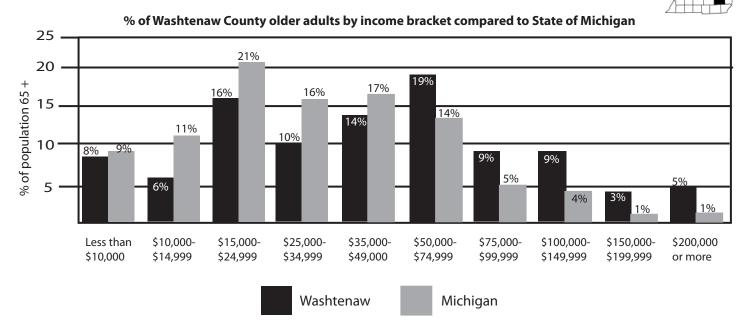
Training and placement services will be needed.

^{*} Age 55 and over

Older Adult Median Income in Washtenaw County is nearly 50% Higher than Statewide

of householders ages 65+ by income bracket

	Washtenav County	v Michigan
Income less than \$10,000	1,557	72,808
Income \$10,000-\$14,999	1,025	91,912
Income \$15,000-\$24,999	3,176	170,294
Income \$25,000-\$34,999	1,996	127,616
Income \$35,000-\$49,000	2,737	134,429
Income \$50,000-\$74,999	3,740	109,695
Income \$75,000-\$99,999	1,817	43,473
Income \$100,000-\$149,999	1,818	30,866
Income \$150,000-\$199,999	645	9,253
Income \$200,000 or more	916	9,495



- The median household income for Washtenaw County householders 65+ is \$44,103 compared to \$29,888 for the state of Michigan.
- Aggregate income is defined as the sum of the income of all households in a given geographic area.
- Washtenaw County aggregate household income for householders 65+ is \$1,324,978,400.
- State of Michigan aggregate income for householders 65+ is \$33,478,027,700.

Compared to statewide averages, Washtenaw County is home to more older adults with incomes of \$50,000 and higher.

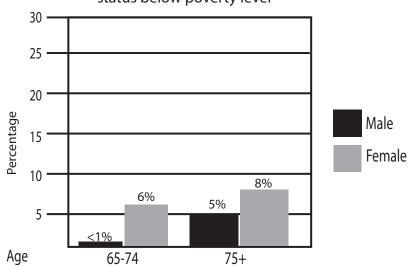
Poverty Status of Older Adults in Washtenaw County Reflects Gender and Racial Inequality

By Gender

Surveyed population reporting income status below poverty level

	Male	Female	Total
65-74 years	54	542	596
Number Surveyed	7,273	8,600	
75+ years	309	721	1,030
Number Surveyed	5,777	8,631	
Total Reporting Poverty Status	363	1,263	1,626

Percent of surveyed population reporting income status below poverty level

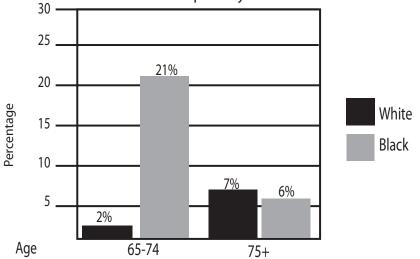


By Race

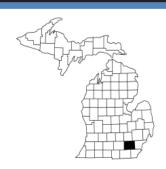
Surveyed population reporting income status below poverty level

	White	Black	Total
65-74 years	216	290	506
Number Surveyed	13,965	1,360	
75+ years	856	71	927
Number Surveyed	12,495	1,273	
Total Reporting Poverty Status	1,072	361	1,433

Percent of surveyed population reporting income status below poverty level



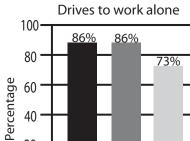
82% of Washtenaw County Older Workers Drive Alone to Work



Worker Mode of Transportation

	55-59 years	60-64 years	65+
Drives to work alone	11,434	6,520	4,001
Carpools to work	700	237	285
Walks to work	238	190	256
Motorcycle, bicycle, taxi, or other method	160	125	141
Public transportation	235	0	386
Works at home	580	511	398

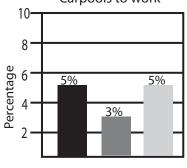
- 86% of workers age 55-59 drive to work alone.
- 85% of workers age 60-64 drive to work alone.
- 74% of workers age 65 and older drive to work.



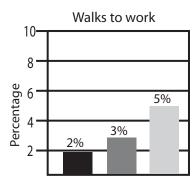
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Percentage

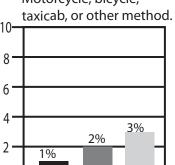




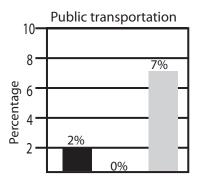
Percent of workers in age range

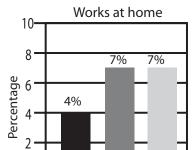












Ages





60-64



65+

95% of Older Adult Householders in Washtenaw County Own a Vehicle

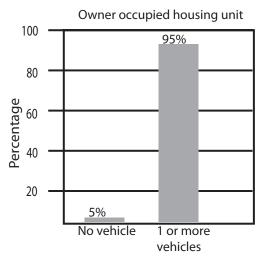
Vehicle ownership drops to 57% for older adult renters.

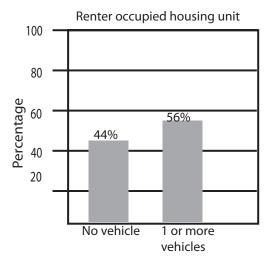


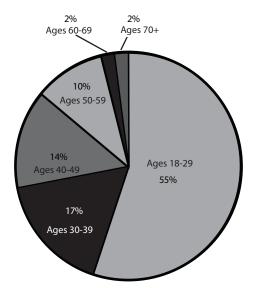
Householders aged 65+ with vehicle available

	No vehicle	1 or more vehicles
Owner occupied housing unit	728	14,861
Renter occupied housing unit	1,670	2,168

Percent of householders aged 65+ with vehicles available







Adults 50 years of age and over represent 14% of Ann Arbor Transportation Authority ridership. Adults over 60 years of age represent only 4% of AATA ridership.

FY-2006 Ann Arbor Transportation Authority (AATA) Ridership by Age

Home and car ownership are highly correlated, inferring that older adults, living independently, retain the option to drive.

Source: American Community Survey, 2006; AATA, 2006

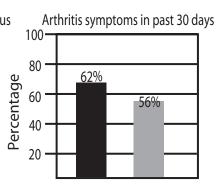
38% of Surveyed Adults Aged 70+ Report Excellent to Good Health Status

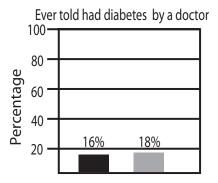
Obesity and arthritis top list of challenges to good health for older adults in Washtenaw County.



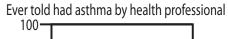


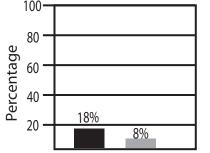


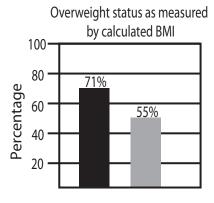


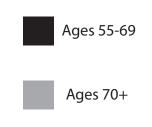


- Adults 70 years and older have comparable or better physical health status than their younger counterparts.
- Self-reported health status, diabetes, and arthritis rates are similar for all age ranges.
- The proportion of older adults 70 + who are overweight and smoke is lower than 55-65 year olds.
- BMI (Body Mass Index) weight status was calculated from self-reported height and weight.









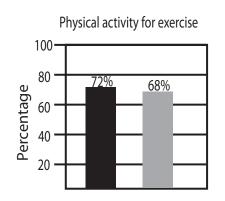
Perceptions of aging could be improved with public knowledge that 38% of adults 70 and over report they are in excellent to good health.

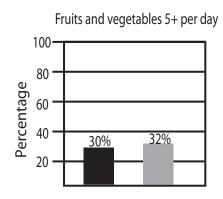
Source: Washtenaw County HIP Survey 2005

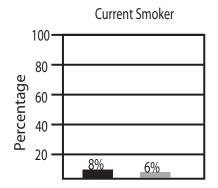
Exercise, Five Servings of Fruit and Vegetables, Flu Shots Top the List of Healthy Behaviors for Older Adults

Adults aged 70 years and over retain healthy behaviors similar to their younger counterparts.

Healthy Behaviors (self-reported)

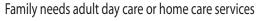


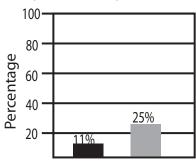




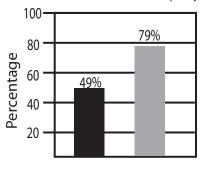
 72% of the population ages 55-69 engages in physical activity for exercise compared to 68% of the population ages 70 and over who engages in physical activity for exercise.

Health Care (self-reported)



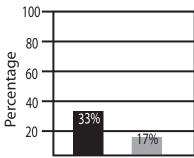








Health problems require special equipment



Positive health behaviors improve the health outcomes of older adults in all age ranges.

Source: Washtenaw County HIP Survey 2005

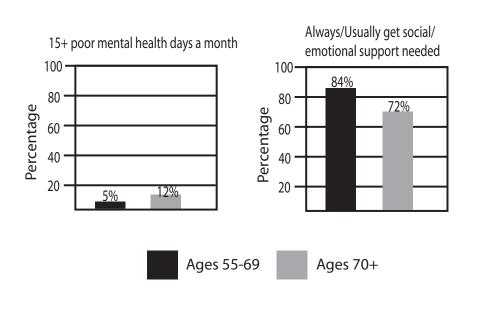
As the Population Ages, There is a Rise in the Percentage of Older Adults Who Report 15+ Days Per Month in Poor Mental Health

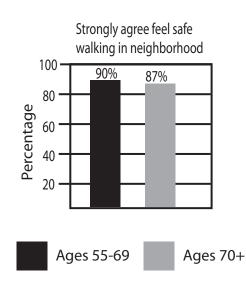


As Washtenaw County older adults age, mental health risks increase.

Mental Health (self-reported)

Safety (self-reported)





Washtenaw County drivers age 65+ involved in car crashes from 2003-2007

2003	1,117
2004	1,091
2005	1,085
2006	981
2007	1,073

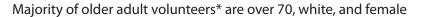
Percent of crashes: 5.3%

● 5% of the population ages 55-69 reported 15 or more poor mental health days a month compared to 12% of the population ages 70 and older who reported 15 or more poor mental health days a month.

Comprehensive mental health services must be included in responsible community programs and policies for older adults in Washtenaw County.

Source: Washtenaw County HIP Survey 2005, SEMCOG, 2007

Local Older Volunteers Fit Profile of National Volunteer Program





49% of older adult volunteers are 75 years and older

Age	# of volunteers	# of hours
55-59 years	33	7,767
60-64 years	79	10,664
65-69 years	130	16,712
70-74 years	109	15,439
75-79 years	141	21,605
80-84 years	103	19,237
85+	96	11,844
Total:	691	103,268

92% of older adult volunteers are white

Total:	691
Uknown	4
Asian/Pacific Islander	17
American Indian	2
Black	34
White	634
Race/Ethnicity	# of volunteers

76% of older adult volunteers are female

Male Female	523
Total:	691

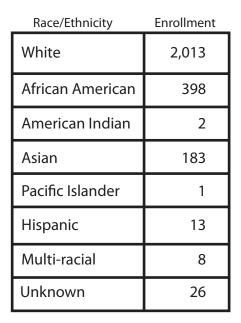
All volunteer sectors must make changes in volunteer recruitment and job opportunities to match the preferences and skills of Washtenaw County residents approaching older adulthood.

Source: RSVP of Washtenaw County

^{*} Data reflects volunteer hours in Washtenaw County self-reported by registered RSVP (Corporation for National Service) volunteers.

Area Agency on Aging 1-B Directs Federal and State Older Americans Act Funds to Washtenaw County Older Adults and Agencies Serving Them

FY 2007 Enrollment Report for Washtenaw County: 2,623 clients



The Area Agency on Aging 1-B, established in 1974, is a non-profit 501(c)3 agency responsible for services to more than 435,000 persons age 60 and older residing in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

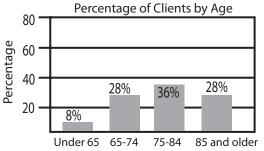
Source: Area Agency on Aging 1-B, 2007

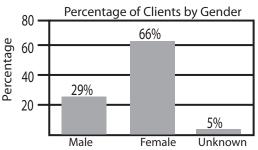
Enrollment by Age		
Under 65	205	
65-74	731	
75-84	953	
Over 85	734	

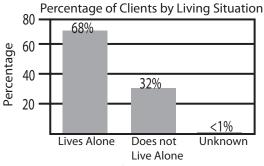
Enrollment by Gender		
Male	763	
Female	1,720	
Unknown	140	

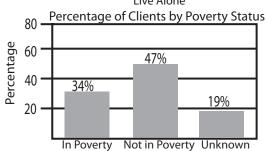
Enrollment by Living Situation		
Lives alone	1,789	
Does not live alone	827	
Unknown	7	

Enrollment by Poverty Status		
Living in Poverty	889	
Not living in poverty	1,234	
Unknown	500	









Acknowledgements

The Blueprint for Aging is a collaborative of seniors, family members, nonprofits, businesses, and government agencies working to improve services, care, and quality of life for older adults in Washtenaw County

The Blueprint for Aging builds systems that make Washtenaw County a great place to age.



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