

Getting to the Front Line of Mental Health: Strengthening the Care of Older Adults Through Education

Workshops for front line staff, volunteers and in-home caregivers

- Older Adults and Mental Illness
- Managing Difficult Behaviors
- The Complications of Substance Abuse in Older Adults with Mental Illness
- Is it Mental Illness or Dementia?
- Drug Interactions Associated with Mental Health and Aging: What to Look For with New Conditions and New Prescriptions
- Focus on Caregivers: Caring for Cognitively Impaired Older Adults
- New Skills for Caregiving: Developing Meaningful Connections with Persons with Memory Loss

For a full listing of classes & online registration, please visit:
www.BlueprintForAging.org

WASHTENAW COUNTY BLUEPRINT FOR AGING

Training Location:

The Oaks Adult Day Center
(Inside the Neighborhood Church)
2500 South Main Street
Ann Arbor, MI 48103

Questions? Please contact::

Amy Ruddock Bleed
Phone: 734.712.4169
Fax: 734-712-7765



Who Should Attend?

Caregivers— your loved one is growing increasingly dependent

Care Providers and Clinicians— your job requires skills and understanding to meet the needs of older adults

As a relative or caring worker, you face many challenges in your everyday service to persons in frail mental and physical health.

Getting to the Front Line of Mental Health workshops are designed to give you additional information, skills, and confidence as you manage the condition of those in your care.

Do you need care for your loved one during the workshop?

Respite care will be available on site during workshops. Experienced adult day service staff will involve your family member in activities and provide supervision.

(Pre-registration is required).

Please call in advance and speak to Greg or Lisa at 734.662.4001.

