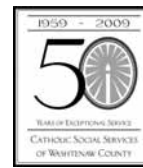


2009 Senior Resource Directory for Washtenaw County



Call Catholic Social Services (CSS): 734-712-3625 or visit us on the web at: www.csswashtenaw.org

1. ADULT DAY SERVICES

The Oaks Catholic Social Services.....	662-4001
A.J. Lightfoot Adult Day Care Center.....	213-0566
Generations Together	426-4091
Silver Club (Turner Geriatric Clinic U of M)	998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B.....	1-800-852-7795
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3. CHORE & MAINTENANCE

ETCS Home Weatherization Program	544-2948
MI Department of Human Services (Adult Services)	481-2000
Neighborhood Senior Services.....	712-7775

4. COUNSELING/MENTAL HEALTH SERVICES

CSS Behavioral Health Services	971-9781
Chelsea Behavioral Health Services... 1-800-328-6261 or 475-4029	
Community Support and Treatment Services (formerly Community Mental Health)	544-3000
Health Services Access (County)	1-800-440-7548 or 544-3050
Jewish Family Services	769-0209
Psychiatric Emergency Services 24 hour Crisis Center	996-4747
St. Joseph Mercy Geriatric Social Work Services.....	712-5189
Turner Geriatric Clinic U-M (Social Work Office).....	764-2556

5. EDUCATION

AARP (Michigan Office)	1-866-227-7448
EMU ElderWise	572-2035
Osher Lifelong Learning Institute U of M	998-9351
WCC Lifelong Education Program	677-5027
Washtenaw Literacy	879-1320

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Service (Elder Abuse)	481-9110
Citizens For Better Care (Elder Abuse).....	1-800-833-9548
Neighborhood Senior Services.....	712-7775
Safe House Ctr. (Domestic Violence/Sexual Assault)	995-5444

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

CSS Emergency Food Program.....	662-4462
Aid In Milan	439-8420
American Red Cross.....	971-5300
Community Resource Center (Manchester)	428-7722
MI Department of Human Services.....	481-2000
Faith In Action, Inc. (Dexter & Chelsea School Districts)	475-3305
Friends in Deed.....	484-4357
Northfield Human Services	449-0110
Psychiatric Emergency Services 24 hr. Crisis Center	996-4747
Saline Area Social Services.....	429-4570
Salvation Army (Ann Arbor/Ypsilanti).....	668-8353 or 482-4700
Shelter Association of Washtenaw County	662-2829
S.O.S. Community Crisis Center.....	484-4300
Washtenaw County Emergency Services.....	484-7201

8. FUNERAL PLANNING

Memorial Advisory & Planning Service	665-9516
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9. GRANDPARENT HELP & INFORMATION

CSS Grandparents As Parents	712-3625
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10. HEARING & SPEECH IMPAIRMENT

Deaf, Hearing & Sign Language Center.....	1-313-596-6032
EMU College of Education Clinical Suite	487-4410
Turner Geriatric Clinic U of M Social Work Office	764-2556

11. HOME HEALTH CARE

ChelseaCare Home Health.	475-4190
Evangelical Homes of Michigan (Shared Services).....	222-4037
Glacier Hills.....	769-6410
Michigan Visiting Nurses.....	1-800-842-5504 or 677-1515
St. Joseph Mercy Home Care	327-3200

(Also see listings in Yellow Pages under "Nurses" or "Home Health")

12. HOSPICE

Arbor Hospice and Home Care	1-800-783-5764 or 662-5999
Hospice of Michigan	769-4212
St. Joseph Mercy Hospice	327-3200

13. HOUSING INFORMATION

Ann Arbor Housing Commission	994-2828
Housing Bureau for Seniors.....	998-9339
Ypsilanti Housing Commission	482-4300

Independent, Assisted Living & Alzheimer's Residences

Alterra Clare Bridge.....	213-1708
American House.....	677-0071
Brecon Village	429-1155
Brookhaven Manor	747-8800
Chelsea Retirement Communities.....	475-8633
Evangelical Home (Saline)	429-9401
Fairfax Manor	482-6662
Gilbert Residence.....	482-9498
Glacier Hills	769-6410
Hillside Terrace Retirement Center	761-4451
Huron Woods	712-5600
Silver Maples of Chelsea	475-8864
Sunrise Assisted Living	327-1350 or 741-9500
Superior Woods Healthcare Center.....	547-7600
The Pines Senior Apartments.....	433-9130
The Village at St. Joseph Mercy Hospital.....	712-1600
University Living	669-3030

Apartments - Subsidized or Affordable

Baker Commons.....	994-9042	Carpenter Place	973-8377
Chidester Place.....	487-9400	Clark East Tower	482-5511
Courthouse Sq.	995-5511	Cranbrook Tower	668-8914
Cross St Village	483-8300	Lexington Club	572-9000
Lurie Terrace.....	665-0695	Milan Village Apts.....	439-8179
Mill Pond Manor....	429-3838	Miller Manor	994-2829
Parkway Mdws.....	662-5055	Sequoia Place	669-8840
Towne Centre.....	482-5500	Walls Manor.....	484-3820

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

211 (Washtenaw United Way).....	211
Area Agency on Aging 1-B	1-800-852-7795
CSS Older Adult Services.....	712-3625
Center for Independent Living.....	971-0277
Jewish Family Services.....	769-0209
Neighborhood Senior Services.....	712-7775
Senior Health Connection (Western Washtenaw Co.).....	475-4023

15. LEGAL SERVICES

Legal Hotline (phone advice only).....	1-800-347-5297
Legal Resource Center	994-0160
Legal Services of South Central Michigan	665-6181
Washtenaw Bar Association Lawyer Referral (\$30 fee) ...	996-3229

16. MEALS

Senior Nutrition Program.....	1-800-838-5832 or 544-3046
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Group Meal Sites

AA Senior Center... 794-6250	Baker Commons.....	994-2902
Chelsea Sr Center... 475-0160	Dexter Senior Center....	426-5397
Jewish Comm Ctr... 971-0990	Lincoln Sr Center.....	483-8366
Manchester Sr Ctr. 428-7630	Miller Manor.....	662-7511
Milan Sr Center	Pittsfield Twn Sr Ctr ...	822-2117
Saline Sr Center	Turner Resource Ctr....	998-9353
Whitmore Lake	Ypsi (City) Sr Center ...	483-5014
Ypsi Town Sr Ctr ... 544-3838		

Home-Delivered Meals

Aid In Milan.....	439-8420
Chelsea/Manchester	475-0160
Dexter.....	426-5397
Motor Meals of Ann Arbor	998-6686
Saline.....	429-9274
Whitmore Lake	449-8480
Ypsilanti Meals on Wheels	487-9669



Printing Services contributed by:

ETCS

Sponsor of the Senior Nutrition and Foster Grandparent Programs

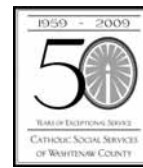
(734) 544-6850

<http://www.ewashtenaw.org/government/departments/etcs>



A Michigan Works! &
Community Action Agency

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17. MEDICAL SERVICES

Dental

Community Dental Center.....	998-9640
Hope Dental Clinic.....	480-9575
University of Michigan School of Dentistry.....	763-6933

Geriatric Health Assessment

St. Joseph Mercy Senior Health Services.....	712-5189
Turner Geriatric Clinic U of M.....	764-6831
Ypsilanti Family Practice U of M.....	482-6221

Health Services

Chelsea Community Hospital.....	475-1311
Chelsea Health Center.....	475-1321
Hope Medical Clinic.....	481-0111
Medical Loan Closet (Emmanuel Lutheran Church).....	482-7121
Neighborhood Health Clinic (St. Joseph Mercy).....	544-6900
New Hope Outreach Clinic (U of M Health).....	998-6085
Packard Community Clinic.....	971-1073
St. Joseph Mercy Saline Community Hospital.....	429-1500
St. Joseph Mercy Senior Health Services.....	712-5189
Turner Geriatric Clinic U of M.....	764-6831
Veteran Affairs AA Healthcare System (V.A.).....	769-7100
Washtenaw County Health Department.....	544-6700
Whitmore Lake Health Clinic.....	449-2033

Medical Alert Systems

Philips Systems "Lifeline".....	1-800-635-6156
Chelsea Hospital "Lifeline".....	475-4074
Huron Valley Ambulance "Lifeline".....	477-6453
Michigan Visiting Nurses "Lifeline".....	477-7229

Prescription Assistance

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
Washtenaw County Prescription Plan.....	544-6886
Neighborhood Senior Services.....	712-7775

18. MEDICAID HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
MI Department of Human Services.....	481-2000
Medicaid Beneficiary Helpline.....	1-800-642-3195

19. MEDICARE HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
Medicare.....	1-800-633-4227
Michigan Peer Review Organization (MPRO).....	1-800-365-5899

20. NURSING HOME INFORMATION

Housing Bureau for Seniors.....	998-9339
Michigan Department of Community Health	
Nursing Home Monitoring.....	1-517-334-8408
Complaint Intake Unit.....	1-800-882-6006
Michigan Long-Term Care Ombudsman.....	1-866-485-9393

21. NURSING HOMES

Bortz Health Care of Ypsilanti.....	483-2220
Chelsea Retirement Community.....	475-8633
Evangelical Homes (Saline).....	429-9401
Gilbert Residence.....	482-9498
Glacier Hills Care & Rehabilitation Center.....	769-0177
Heartland Health Care Center.....	975-2600
Northfield Place.....	449-4431
Superior Woods Healthcare Center.....	547-7600
Whitehall of Ann Arbor.....	971-3230

22. PHYSICAL FITNESS (Also see your local Senior Center)

Ann Arbor YMCA.....	996-9622
Chelsea Comm Hospital Health & Wellness Center.....	475-4100
Saline Recreation Complex.....	429-3502
Turner Senior Resource Center U of M.....	998-9353
Health and Fitness Center Wash Community College.....	975-9950
Washtenaw County Parks and Recreation.....	971-6337

23. RESPITE CARE

CSS Volunteer Respite Program.....	712-3625
Arbor Care, Inc.....	975-6608
Area Agency on Aging 1-B.....	1-800-852-7795
Brecon Village.....	429-1155
Fairfax Manor.....	483-6662
Huron Woods.....	712-5600
Sunrise Assisted Living.....	327-1350
Superior Woods Healthcare Center.....	547-7600

24. SENIOR CENTERS

For complete senior center information, please visit:

www.BlueprintForAging.org click on "Senior Center Network"

AA Comm Ctr.....	662-3128	AA Sr Center.....	794-6250
Chelsea.....	475-9242	Dexter.....	426-7737
Jewish Comm.....	971-0990	Lincoln.....	484-7000 x7557
Manchester.....	428-7865	Milan.....	439-1549
Northfield Twp.....	449-2295	Pittsfield.....	822-2117
Saline.....	429-9274	Turner Sr Resource... ..	998-9353
Ypsilanti (City).....	483-5014	Ypsilanti Township... ..	544-3838

25. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	428-5700
Chelsea Behavioral Health Services... ..	1-800-328-6261 or 475-4029
Neighborhood Senior Services.....	712-7775
Older Adult Recovery Center.....	475-4030
Turner Geriatric Clinic U of M.....	764-2556

26. SOCIAL SECURITY ADMINISTRATION

Social Security Administration local (AA) office.....	929-0054
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27. SUPPORT GROUPS

CSS Grandparents As Parents.....	712-3625
Al-Anon.....	995-4949
Alzheimer's Association.....	1-800-272-3900
Arbor Hospice Grief Recovery.....	662-5999 x114
Arthritis Foundation (Mich. Chapter).....	1-800-968-3030
Hospice of Washtenaw.....	327-3409
Jewish Family Services.....	769-0209
National Parkinson's Foundation.....	1-800-327-4545
St. Joseph Mercy Health System	
Cancer "The Hope Line" (Cyber Knife).....	1-888-474-4673
Heart and Vascular.....	712-8205
Stroke.....	712-2830
St. Joseph Mercy Hospice Grief Recovery.....	327-3400
Turner Geriatric Clinic U of M	
African American Alzheimers, Caring for Aging Relatives,	
Caring for Your Mate, Diabetes, Depression, Low Vision,	
Staying Smoke Free.....	764-2556

28. TAX ASSISTANCE

CSS Tax Assistance Program.....	712-3625
AARP (Michigan Office).....	1-866-227-7448
Housing Bureau for Seniors.....	998-9339
St. Francis of Assisi Catholic Church.....	769-2550

29. TRANSPORTATION (Non - Emergency)

Ann Arbor Transportation Authority (Info Line).....	973-6500
Nite Ride and Holiday Ride.....	528-5432
Huron Valley Ambulance.....	1-800-872-1111 or 994-4111
Jewish Family Services.....	769-0209
Manchester Senior Citizens.....	428-8966
Medical Access Program (Neighborhood Sr Services).....	712-7775
People's Express.....	216-6073
Western Washtenaw Area Value Express (The WAVE).....	475-9494

30. VETERANS

Washtenaw County Veterans Services.....	973-4540
Veteran Affairs AA Healthcare System (V.A.).....	769-7100

31. VISION IMPAIRMENT

Kellogg Eye Center U of M.....	763-8122
Washtenaw Library for the Blind and Physically Disabled	
at the Ann Arbor District Library.....	327-4224

32. VOLUNTEER OPPORTUNITIES

CSS RSVP Program.....	712-3625
Washtenaw Co. Foster Grandparents (Stipend).....	544-6746
Neighborhood Senior Services.....	712-7775



The Blueprint for Aging supports activities and programs that ensure accessible and affordable options and services for older adults in Washtenaw County

734-712-2718

www.BlueprintForAging.org